

LOW-IMPACT GYMNASTICS

From the 12th of September to the 30th of June 2023

GROUP COURSES

Low-impact gymnastics, taught by the instructor, is characterized by low intensity movements. It is a gymnastics that is performed with slow movements, gradual and low impact.

GROUP LESSONS MEMBERSHIP

		Total	Employee (and family) Stellantis - Cnhl - Iveco Group
Quarterly	90 days validity	86,00 €	63,00 €
Monthly	30 days validity	38,00 €	28,00 €

TIMETABLE FROM THE 12TH OF SEPTEMBER 2022 TO THE 30TH OF JUNE 2023

A minimum of three participants is required for each session.

50 minutes' sessions

Monday - Wednesday - Friday from 9.15 to 10.05

PAYMENT AND MEMBERSHIP

Enrollment centre

Via Santa Cristina, 1 - Settimo T.se 10036

Open from Monday to Friday from 9.00 to 13.00 and from 14.00 to 19.30

Access by appointment only, which can be booked here <https://inforyou.teamsystem.com/sisport/> or by phone at 011.8951904.

Membership Fee

€ 20 - validity from 01/09/2022 to 31/08/2023

Membership's Documents

- The original Non-Competitive Sport Medical Certificate. The certificate must be valid, properly signed and stamped by the doctor.
- Badge Stellantis - CNHi or the Ugaf Membership to obtain the discounted prices.

The visit for the Medical Certificate can be book at JMedical in Via Druento, 153 - Turin with an affiliation rate. To book call the number 011-013030361.

Discounts and Promotions

- Promotions Family Unit: 10% discount for the second member of the family and a 20% for the third member.
The discount can be applied to memberships with a value higher than 80 € and that are active simultaneously.
- Promotion Second Activity: 10% discount on memberships higher than 80 €
- Renewal discount: 10% discount for annual or seasonal memberships' renewal of the 2021/2022 Season. THE DISCOUNTS CANNOT BE CUMULATED.

Course Suspensions

01/11/22 - 08/12/22 - from 24/12/22 to 08/01/23 - 10/04/23 - 25/04/23 - 01/05/23 - 02/06/23